



14795 S.W. 72<sup>nd</sup> Avenue  
PORTLAND, OR 97224  
PHONE 503-620-4020  
FAX 503-620-1058  
CCB# 64174

## Delta Fire Team Safety Meeting

Below are the bullet points from Friday, July 12, 2013 team safety meeting.

- **CONGRADULATIONS TO ALL ON MAKING IT OVER ONE YEAR INJURY FREE!!!!** Please keep up the wonderful work infusing safety into your everyday tasks.
- **Everyone is to participate in Stretch and Flex every morning.** The point in Stretch and Flex is to stretch out muscles in the hopes of preventing strains and sprains. If you would like to, please take the time and stretch after lunch before you go back to work.
- **Do your best to work in an ergonomically correct position.** This may not always be possible, do your best to create a work position that is comfortable for you. Try to streamline tasks that need to be done in awkward positions. **REMEMBER TO LIFT PROPERLY WITH YOUR KNEES, NOT YOU'RE BACK.**
- **Toolbox meetings are mandatory and must be turned into the office.** Foremen please turn these in with your timesheets after taking the time to discuss a safety topic with your crew. Fitters, Journeymen, Apprentices, and spotters please remind your foreman to turn in toolbox meeting forms.
- **Please feel free to use Heidi as a resource regarding safety.** If you have any questions, concerns or suggestions please contact Heidi. You can call/text her cell phone: 971-235-0112, email her: [heidis@deltafire.com](mailto:heidis@deltafire.com), or feel to stop by the office and speak with her in person.
- **Pre-task plans need to be completed and turned into the office on all projects, no matter how big or small the project!**
- **Universal pre-task pan is in the works.** Any ideas or suggestions on how to make it more user friendly would be appreciated. Please send that information to Heidi.
- **Respect and care for your fall protection!** If you fall it will be the difference between you going home to your family or not. Take care of your equipment, (do not just throw it in the gang box or bed of your truck) inspect it before each use and report any issues to Heidi or Joe.
- **There are some upcoming changes to standards with OSHA, OR-OSHA & ANSI.** OSHA is changing from HAZCOM systems to Globally Harmonized Systems, OR-OSHA has revised their confined space policy; and ANSI has revised their section on fall protection. Heidi will review the changes and be sure to inform you of any effects it has on our team.
- **New training programs to come.** These will include trenching and shoring, tie off points, Lock out/Tag out, confined space, ergonomics and assured grounding. Heidi will also work on revising the current manual lifting program, a heat index chart and set up a first aid/CPR/AED class.

- **Check the check! (REMINDER!)** Every week you will receive a random safety questions or safety puzzle to solve. *Answers must be received by 9am the following Tuesday!* All employees who enter the correct answer will have their name put into a drawing for a \$25 gift card; one entry per person.
- **We will be revamping the 6 month injury free award drawing for field employees.** We must go 6 consecutive months without a recordable injury for the award drawing to occur. To be eligible for entry in the drawing employees must have attended, signed, and turned in at least 20 weeks worth of toolbox meetings within the 6 month timeframe.

Again thank you to all our staff, especially the field and shop employees, for your hard work and the success of reaching our goal of being injury free for over one year. We are looking forward to our 2 year injury free meeting!

Sincerely,